

The 7 Habits Worksheet

This worksheet will help you learn how to apply each of the 7 Habits of Highly Effective People in a meaningful way, to synchronize with your own personal productivity practice.



Habit II: Begin With the End in Mind

Practical Applications: Here is a suggested activity for the week, in order to activate this Habit in your life. A *personal mission statement* is similar to that for a company or organization, in that it defines the values and principles that will be followed in the everyday activities and long-term planning. Having a written set of core values can be a very helpful tool in planning and executing your activities.

Think about the things that are important to you. Make a list of how you perceive or handle obstacles and opportunities in the following categories:

- **Family -**

- **Spouse -**

- **Work -**

- **Career -**

- **Money -**

- **Possessions -**

- **Comfort -**

- **Friendships -**

- **Conflicts -**

- **Faith -**

- **Personal development -**

